

The Role of Teachers in Instilling Anti-Verbal Bullying Attitudes in Civics Learning in Elementary Schools

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Abstract

This study aims to determine: (1) the meaning of bullying, (2) strategies for preventing verbal bullying behavior in elementary schools through civics learning, (3) factors that influence the occurrence of bullying behavior verbal in SD. (4) Role Teacher in to plant attitude anti bullying in elementary school through civics learning. (5). The impact of verbal bullying on students in elementary school (6). Teacher obstacles in efforts to prevent bullying in elementary school. The method used is literature, where the references include scientific journals, books, and other literature sources that support the literature review. One of the subjects in civics education has a very positive impact. Because in civics it is not only about citizenship but also includes the instillation of values and morals, it has a very positive impact on the sustainability of efforts to improve anti-bullying attitudes for elementary school students. This study aims to explore the role of teachers in instilling anti-verbal bullying attitudes in Civic Education (PKn) learning in elementary schools. Verbal bullying is one of the serious problems in elementary schools that can have a negative impact on students' physical, emotional, and social development. Therefore, it is important for teachers to integrate anti-bullying values into the PKn curriculum in order to create a safe and conducive learning environment. Through PKn learning, teachers can provide an understanding of human rights, social norms, and the importance of respecting differences.

Keyword: Attitude anti bullying verbal, Learning Education citizenship

1. INTRODUCTION

Introduction Behavior bullying, especially Which nature verbal, become Wrong One problem serious in environment school, including in school base. Action This No only damage atmosphere learning, but it can also have a negative impact on students' mental and emotional health. Therefore, the instillation of attitude anti bullying since early very important For create environment Study which is safe and conducive. In this context, teachers have a central role in educating students about values empathy, Tolerance Education Citizenship (PKN) as one of eye lesson in elementary schools, has great potential to shape students' character and instill an anti-bullying attitude. Through PKN learning, teachers can provide an understanding of human rights, social norms, and the importance of respecting differences.

With the right teaching strategies, teachers can integrate values the to in curriculum, at a time give example behavior positive in yes This research aims to explore the role of teachers in planting anti-bullying verbal attitudes in PKN learning in elementary schools. It is hoped that the results of this study can provide deeper insight into effective strategies to prevent bullying, as well as increase awareness of all parties about the importance of creating an anti-bullying culture. Bullying is a serious problem that often occurs in school environments, and requires special handling by the school, including the principal, teachers, and school staff. However, in general, elementary schools do not have officers for counseling guidance staff, this causes class teachers to have to play a role in this responsibility, because teachers not only act as educators but also monitor the daily behavior of students when they are in the school environment.

2. RESEARCH METHODOLOGY

Research method This study uses a literature review method, which aims to review, analyze, and synthesize relevant literature on the role of teachers in instilling anti-verbal bullying attitudes in PKN

learning in elementary schools. This method chosen because approach this allow researcher for evaluate knowledge existing research, identifying research gaps, and providing guidance for educational research and practice. in time upcoming. All source which used in study this is listed in the reference list according to the recognized citation style. These references include scientific journals, books, and other literature sources that support the literature review.

3. RESULT AND DISCUSSION

Understanding Bullying

- a) According to Olweus (1993:24), bullying is aggressive behavior carried out by a person or group of people repeatedly against a weaker group of people to hurt the victim physically or mentally.
- b) According to Bara Cloroso (2003:44) bullying is an action or behavior that is done intentionally and in a conscious state that has a goal, namely being almost invisible, in front of someone or behind someone, it can be seen by disguising itself as a friend and having a different intention behind the friendship, carried out by one person or a group of children.

Strategy prevention behavior bullying verbal

- a) Effort preventive according to Abdul Sate and the Great (2019:44) Prevention is a process or a way of preventing rejection of something that occurs in a case. This prevent means a method which done for prevent a which no wanted happen.
- b) In preventing bullying behavior, teachers explain to students to always be kind to others, always motivate them to behave well and give educational punishment to the perpetrators. bullying and give them motivation not to do bullying again. Bullying behavior in schools can be prevented by forming good personalities and characters for students. Teachers always give firm warnings when bullying behavior occurs. Teachers are very important in providing a role and good example in reducing bullying behavior in students (Hendriati, 2009).

Factors Which influence the occurrence bullying verbal

- a) Family relationships, Bullies usually come from troubled family backgrounds and family relationships that often resolve problems with violence, aggression so that children will observe and try these actions outside. So that many children will observe that they have the power to be used in solving a problem.
- b) school, schools that ignore bullying behavior will find that children who have bullying habits will be able to do whatever they want. Bullying is growing rapidly in the school environment, often giving negative input to students, for example in the form of non-constructive punishments that do not develop a sense of appreciation and respect among fellow school members.

Peer group factors in school or home environment sometimes causes bullying behavior. Some children join or carry out bullying so that children can be accepted in the group even though sometimes individual or child feel not enough comfortable in do the action.

Effort Role Teacher for Stop Bullying in SD

Teachers' efforts to stop bullying in elementary schools, if such behavior occurs, teachers should first investigate the cause of the behavior, then invite the victim and perpetrator to the office to talk and explain the incident from their perspective, and finally ask the students what they think can be done to make it happen. He experienced security. The victim was then given calming words along with direction and advice for both. For example, both the victim and the perpetrator received advice and direction not to do the same thing twice. Then, to combat bullying, educators must take a firm stance against it, give direct warnings, educate students when they become bullies and become victims of verbal bullying, which occurs every day, and provide explanations, socialization, and education about bullying. what is bullying and how it affects victims. which can harm its victims. in Elementary Schools serve children by providing counseling, educating them against bullying, and encouraging them For share experience and story personal. Study show that method best to deal with bullying is to guide children who do bullying. guidance provided by schools or instructors in the form of counseling to students, teaching how to build healthy friendships, and outlining the impact of bullying behavior.

Impact bullying verbal on student in SD

- a) Impact of behavior bullying against the victims can be affected to the physical and psychological victims, some victims even feel depressed and distant from their social environment. According to Zulqurnain & Thoha (2022) bullying behavior only makes children afraid of being threatened, have low self-esteem and have no value, have difficulty concentrating while studying, have difficulty socializing with their environment, do not want to go to school, have difficulty socializing and become someone who has no self-confidence, has difficulty thinking until their academic achievement declines.
- b) The impact of bullying that occurs in elementary school usually makes students lose their self-confidence, worry with environment, No comfortable when near behavior bullying, embarrassed, angry, and traumatized. Students are not confident in expressing their opinions during learning and do not even believe in their own abilities. Individuals who are not confident are usually caused by the individual not educate themselves and just wait for people to do something to them (Masturina, 2018; Sahrunanca & Wulandari, 2013).
- c) Bullying victims often experience high levels of stress and anxiety (Khairunnisa et al, 2022). They Possible feel Afraid, worried, And worry every day, especially when in a school environment. Prolonged stress can interfere with their concentration, learning, and academic performance. Bullying can lower the victim's self-esteem (Febriana, 2017). Victims can feel inferior, worthless, and feel that no one cares about them. This can lead to decreased self-confidence and damage a positive self-image.
- d) Every action Certain will produce A impact, including Also bullying, bullying can turn something that was initially fun into something unpleasant and even a nightmare for children. Bullying can have serious physical, emotional, and academic impacts on victims. Bullying causes environment education that No Healthy and no comfortable, especially if Keep going left unchecked and not addressed by school authorities.
- e)

Obstacle Teacher in Effort prevention bullying in school base

However, there are several obstacles faced by PPKn teachers in efforts to prevent Bullying. One of them is the attitude of students who tend to repeat Bullying behavior even though they have been given an understanding. This shows that preventing Bullying is not a task Which easy And need approach Which comprehensive from all elements of the school. In addition, the active role of parents of students in supporting efforts to prevent bullying is also very important. Parental support and participation can strengthen the prevention messages delivered by PPKn teachers and increase students' awareness of the importance of respecting and appreciating others. In overcoming these obstacles, cooperation between Teacher PPKn, Teacher BK, and party school with person old student very required. Needed approach Which comprehensive and synergy from all over party to create a school environment that is free from bullying and safe for all students.

4. CONCLUSION

Bullying, especially verbal bullying, has serious impacts on a child's physical and psychological development. As explained by various sources, this behavior not only causes short-term trauma but can also lead to long-term mental health problems. Factors Which contribute to the occurrence bullying covering family relationships, school environment, and peer pressure. Therefore, prevention efforts must involve the entire school community, including teachers, students, and parents. Implementing effective strategies in dealing with and preventing bullying will create a more positive learning environment and safe for all student. With approach which appropriate, we can help student no only to feel safe at school but also to thrive socially and academically.

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