



THE RELATIONSHIP OF TIME MANAGEMENT AND LEARNING MOTIVATION TO CHILDREN'S DEVELOPMENT PROCESS

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Abstract

This research aims to define time management in children, provide learning motivation for children's development and to determine the relationship between time management and learning motivation for children's development processes. This research uses the literacy method. The data obtained is the publication of research articles in scientific journals. Data analysis includes three stages: organizing, synthesizing and identifying. Based on the results of the analysis, it was found that time management and learning motivation on student development are very influential, as explained by experts. So the results obtained are that in children's development there is a relationship between time management and learning motivation which becomes a driving force for students to carry out activities according to what they want or have determined, including in the child's learning process.

Keywords : Time Management, Learning Motivation

Introduction

Every individual experiences development. Development occurs from early childhood to adulthood. Development cannot be measured but can be felt. Development is progressive, systematic and sustainable. The things that develop in each individual are the same, it's just that there are differences in the speed of development and there are developments that precede previous developments, even though in reality the development of one aspect and another occurs simultaneously. Example: Individual A at the age of 1 year can already say several words fluently and clearly, but cannot yet walk. Meanwhile, individual B at the age of 1 year can walk, but is not yet able to pronounce words clearly. Another example is when child A enters grade 1 of elementary school, he can read fluently, while child B enters grade 1 of elementary school and cannot read fluently. The speed of development experienced by individuals in every aspect of their development is influenced by several factors such as: stimulation, nutrition, health, time management environment and learning motivation. Time management is a series of decisions that will influence life gradually. Time management requires several skills, tools and techniques that are used to manage time to complete a task or project within a predetermined time period. Many people recognize and feel the need for time management, but in reality they do not pay attention and implement it (Gee, 2014). Good time management is a driving force and incentive for individuals to learn so that in learning individuals will be more enthusiastic and not quickly get bored with the subject matter being studied, this can improve learning achievement. When learning is not implemented well, there is a possibility of low learning achievement and a lack of respect for time or poor time management. Time management is something that can organize all daily activities to be more effective and efficient both in studying and other work. According to Terri and Franklin, "Time management is a process consisting of planning, organizing, activating and controlling activities, which are carried out to determine and fulfill target results that are realized using human and other resources (Management is the

process of designing and maintaining an environment in which individuals, working together in groups, efficiently accomplish selected aims). Meanwhile, according to psychology, time management is the ability to plan and control how we allocate each hour of the day to achieve goals effectively. So, time management is a process that includes analysis, planning and commitment.

One of the weaknesses of some students is difficulty in managing time for studying. The problem of lack of time is often used as an excuse for not completing tasks, even though in fact they lack the regularity and discipline to use their time efficiently. Good and appropriate study time for students varies based on their busyness, available time allocation, learning atmosphere, and personal readiness to learn. The influence of appropriate and good time management can make students motivated in the teaching and learning process so that it will produce good results. Learning achievement cannot be separated from learning activities, because learning is a process, while learning achievement is the result of the learning process. For a child, learning is an obligation. The success or failure of a student in education depends on the learning process experienced by the student. Time management has a big influence on children's development in their educational process (Juliasari & Kusmanto, 2016). Motivation is the main factor in determining students' learning success. This motivation can be internal, namely motivation that comes from within the student himself and external motivation, namely motivation that comes from outside the student, for example from parents, teachers, friends and relatives. Motivation to learn is important for every student. For students, the importance of learning motivation is as follows: making them aware of their position at the start of learning, the process and the final results, conveying the strength of their learning efforts compared to their peers, directing their learning activities, raising their enthusiasm for learning, making them aware of the existence of a continuous journey of learning and then working. (Mawarsi, Susilanimgsih, & Hamidi, 2013). The learning motivation that students have in each learning activity plays a very important role in improving student learning achievement in certain subjects. Students who are highly motivated in learning are likely to obtain high learning outcomes, meaning that the higher their motivation, the greater the effort and effort they make.. A person's work achievements and luck cannot be achieved easily, but rather through effort and hard work followed by motivation to learn (Jannah, Hidayat, Ibrahim, & Kasiyun, 2021). According to Sardiman, learning motivation is "the entire driving force within the student which gives rise to activity" learning, which ensures the continuity of learning activities and provides direction to learning activities, so that the goals desired by the learning subject can be achieved." Motivation to learn has a big influence on students so that it can become a driving force in their educational process. According to Afifudin, the meaning of learning motivation is the overall driving force within a child that is able to generate enthusiasm or enthusiasm for learning. According to Winkel, learning motivation is all efforts within oneself that give rise to learning activities and ensure the continuity of learning activities so that the desired goals are achieved. The relationship between time management and learning motivation in children's development is interconnected, where good time management will make children motivated to learn and encourage children to achieve their learning achievements. A very important factor in teaching and learning activities is learning motivation, if students have strong motivation they will have the energy to carry out learning activities so that their time management becomes better.

Research Methodology

This research uses a literacy method (literature review) and uses a library research or literature study approach. To search for data on literacy studies, you can refer to books, journals, research journals that have been published both locally and internationally, scientific writings, research conducted by other people previously and articles published in magazines or newspapers as well as other publications related to research topics (Marzali, 2016). According to Sugiono (2019), data collection techniques are the most important step in research, because the aim of research is to obtain data. Data collection can be done in various settings, various sources and various ways. The data used in this research is secondary data in the form of a time series.

Result & Discussion

Definition of Time Management in Children's Education

Time management is two words put together; the word management and the word time. Management means the effective use of resources to achieve targets (KBBI). Meanwhile, time is the time used to complete all work or means opportunity (KBBI). Thus, time management is an organized way to complete work within the available time. Time management means prioritizing targets, so that you can allocate a lot of time for big and basic jobs and less time for small jobs. According to Ibrahim Al-Faqi, time management is managing the work that you will do in the time available, namely 24 hours a day with the least amount of money. Or as an effort to practice mastery of time and not time controlling us. Time management is a process that divides time effectively between various

different activities with the target of completing them in a limited and appropriate time. A science that uses time appropriately, which is the science of effective time investment which is based on planning, preparation, coordination, motivation, direction, evaluation and interaction. Time management is a quantitative and qualitative process at the same time. Amin Syahda said that time management is managerial behavior related to the effective use of human life assets to achieve its goals. (Mujahidin, Rachmat, Tamam, & Alim, 2022). Child development is a process where a child changes from time to time. Every child in their development, both in education, experiences changes from time to time. Education that ensures and guides the direction of life and the future in a person's life. Even though some people don't think like that, education is the most important need. Through education, every child's interests and talents can be honed and shaped by motivating and using good time management. There are two factors that can influence children's learning, namely, factors from within themselves (internal) and factors from outside themselves (external). Factors from within (internal) children who are learning, these factors are related to physical (health, disability) and psychological (intelligence, attention, interest, talent, motivation, maturity, loneliness) as well as the child's fatigue factors. Then, the second factor is the external factor of the child who is learning. This factor is related to family, friends, school, environment and society. (Rangkuti, (2023). Time management is an action or carrying out a plan to control several activities in the time used for a particular activity, plus to increase efficiency, effectiveness or productivity. Controlling time in completing activities, certain tasks and goals to be achieved can be helped with certain techniques, skills and equipment. Time management has a broad scope of activities, this scope includes planning, setting goals, allocating, delegating, monitoring, organizing, analyzing time used, scheduling and prioritizing things. Time management was originally only said to be an effort or job. However, in the end time management expanded to the personal sphere. Generally, time management is something that is required in every project development because time management can determine the amount of time used and the scope to complete an activity to be carried out. Time management is planning, organizing, tightening and monitoring time productivity. Time is a work resource that must be managed effectively and efficiently. Effectiveness can be seen from achieving goals using the time previously determined. Efficient means reducing the specified time and investment using existing time. Time management aims at productivity, which means the ratio of output to input. The role of time management is very necessary in learning activities because time management is one of the internal factors that influences learning. Good time management is a driving force and motivator for individuals to learn so that in learning individuals will be more enthusiastic and not get bored quickly with the subject matter being studied and along with this it can increase motivation to excel and complete studies. The results and objectives of the studies that students are currently undertaking will be hampered if they do not manage their time with good management, it is even feared that these students will no longer care about their studies. Changes in the learning environment can also affect children's motivation in carrying out their learning activities so that planned time management cannot be implemented well. (Ginting & Azis, 2014)

Learning Motivation on Children's Development Process

Motivation to learn

Motivation is a series of processes that move, direct and maintain individual behavior to achieve several goals. Motivation is an urge that is governed by goals and rarely appears in a vacuum. The terms need, desire, desire or drive are the same as motive, which is the origin of the word motivation. The desire that exists in an individual that stimulates him to take action. This understanding concludes that arousal motivation originates from the individual's desire to carry out action. Basically, this motivation departs from the motives a person has (Oktiani, 2017). Motivation in the sense that develops in society is often equated with 'enthusiasm', and learning outcomes are results achieved by an individual in developing his abilities through a process carried out with efforts using his cognitive, affective, psychomotor and mixed abilities to gain experience in learning. a relatively long period of time so that an individual experiences a change and knowledge from what is observed either directly or indirectly will stick with him permanently, learning outcomes can be seen from the evaluation scores obtained by students. Motivation is the basis for students to be able to obtain maximum learning outcomes, where the subsequent learning outcomes will be used as a basis for determining the expected competency achievement, the value obtained in the learning outcomes also determines the student's learning completeness which influences whether or not the student will advance to the next level. (Rahman, 2021). Motivation talks about how to encourage someone's work enthusiasm so that they want to work by optimally providing their abilities and skills to achieve goals. This stimulation will create encouragement for someone to carry out activities. According to Berelson and Steiner, quoted by Wahjosumidjo, motivation is a conscious effort to influence a person's behavior so that it leads to the creation of organizational goals. (Danang, 2015). Learning motivation is a student's desire that is driven by a desire to carry out learning activities about something to achieve maximum learning success. Motivation to learn drives a

person's behavior, including the behavior of gaining experience and gaining information through the learning process. Motivation is a person's subconscious desire that activates, moves, channels and directs attitudes towards learning (Mudjiono, 2006). Ways to increase motivation in learning are 1) Length of activity, 2) Intensity of activity, 3) Resistance to the goal of the activity, 4) Perseverance, tenacity and ability to face various obstacles in achieving a goal, 5) To achieve a goal requires dedication and sacrifice, 6) Activities carried out with the level of aspirations to be achieved, 7) Level of achievement qualifications, 8) Targets for activities depend on the direction of attitude. Increasing children's learning motivation can decrease. Decreased motivation will have an impact on weak student learning activities which will later impact student learning outcomes obtained later. This also has a negative impact on overall student success. Therefore, the success of student learning achievement needs to be improved continuously. By increasing students' learning motivation so that there is an increase in interest in learning which has an impact on learning outcomes (Pratama, Firman, & Neviyarni, 2019). The motivation that students have to learn plays a very important role in student progress and learning achievement in various subjects. Learning is an activity of the soul and body that goes hand in hand to obtain a change in behavior in relation to the environment which involves knowledge, attitudes and skills that come from a person's experience. (Slameto, 2003). Learning will be successful if students have the ability to motivate themselves so that no matter how difficult learning is, students will be able to get through it and get high grades. Motivation to learn is needed to achieve success in the learning experience.

Child development

Child development is a process of qualitative change which refers to the quality of function of physical organs and not to the physical organs so that the emphasis of the meaning of development lies on psychological abilities which are manifested in physiological organs. The development process will take place throughout human life. Child development includes changes that occur in a person's soul, thoughts and emotions to become more mature in facing a life that is different from the past. A child's psychological development can be measured or seen directly but can be seen from behavior and abilities. Factors that influence the psychological development and emotional and spiritual intelligence of each student. Emotional intelligence is related to emotions, feelings, thoughts. Meanwhile, spiritual intelligence is related to belief and religion. (Octavia, 2020). As children experience changes in body shape, attitudes, ways of thinking and acting, students are considered to be able to motivate themselves in any activity, whether in education or carrying out daily activities. Children's feelings and emotional lives experience periods of change in behavior and thought patterns. It is during this period of development that sometimes surprising actions occur, passionate emotional outbursts, so that he often experiences changes in his actions, for example, when studying at first he was very enthusiastic but suddenly he was very reluctant and lazy. So, in developing children, motivation and good time management are needed so that their development can proceed according to what is desired or what has been determined, in any case, including in children's education.

Conclusion

Based on the research results and discussion, it can be concluded that there is a positive relationship between time management in the learning process and learning outcomes, meaning that the higher the time management in learning, the higher the learning outcomes. Success in every learning activity process requires optimal use or utilization of all the resources contained therein. One of them is time. Therefore, to get more out of limited time, time management is needed, especially in everyday life. Learning motivation is a psychological energy possessed by students or learners which is used as a driving force, activator and director and actions in a learning activity that causes changes in behavior as a result of experience or training to achieve learning goals. With time management and children's learning motivation, children's development can be improved.

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