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# IMPLEMENTATION OF CITIZENSHIP EDUCATION THROUGH THE PANCASILA VALUES IN HANDLING BULLYING CASES IN ELEMENTARY SCHOOL

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## **Abstract**

Handling cases of bullying at school base is challenge serious in need approach holistic. In context this is education citizenship with Pancasila values have role central in forming awareness nationality, character students, and build environment inclusive and safe schools. Through education citizenship, students can understand rights and obligations as citizens as well internalize moral values such as each other respect, empathy, and justice are instilled in Pancasila. The role of the teacher as facilitator understanding Pancasila values and their relationships with cases of bullying are very important, but so is support active from parents in forming character children at home. With integration Pancasila values in curriculum and implementation of interactive learning strategies, schools can create environment positive and supportive learning growth student in a way holistic, as well give contribution real in handle problem social such as bullying in the environment school.

**Keywords :** Citizenship Education Implementation, Pancasila Values, Bullying, Elementary School, Student Character

## Introduction

Bullying, or often called as bullying, is a problem that has been around for a long time attention in the world of educatio. Cases of bullying are not only give rise to impact psychological and emotional for the victim, but also destructive climate conducive learning environment school. Specifically, in level school elementary, where students is at in stage development important social, the existence of bullying can result very dangerous impact (Zai & Marampa, 2023). Bullying can occur happen in various form, start from verbal intimidation up to action physically threatening safety student. Those who are victims of bullying often experience stress, anxiety, even depression, which can influence performance academics and welfare in a way whole. Therefore that, handling a case of bullying is not simply not quite enough answer individual or school, but also a not quite enough answer together all over public. In facing the bullying problem, role education citizenship becomes very important. Civic education no only give understanding about rights and obligations as citizens, but also form character and attitude positive student. Therefore that is, integration values citizenship, esp Pancasila values, can be an effective strategy in handle cases of bullying at school base (Suhardiyansyah et al., 2016). Pancasila, as ideology and foundation of the Republic of Indonesia, has very relevant values in context handling bullying cases. Values such as mutual cooperation, justice, unity, democracy, and supreme divinity esa, if implanted with good in education citizenship, yes become moral foundation for student in interact and behave to fellow. Implementation Pancasila values in education citizenship No only focuses on understanding conceptually, but also in practice real digging meaning and application values the in life daily. With so, students no only know Pancasila values theoretical, but also capable apply it in various situation life. The role of teachers in implement education citizenship with Pancasila values become crucial. Teachers have not quite enough answer for guide student in understand meaning Pancasila values and connecting them with cases concrete, incl cases of bullying at school base. With the right approach, the

teacher can help student understand that bullying behavior is contradictory with upheld moral values tall in Pancasila. Apart from the role of teachers, there is also the role of parents lost importance in support implementation education citizenship with Pancasila values at home. Parent own great influence in forming character children them, incl attitude they to fellow. With strengthen Pancasila values in the environment family, parents can become effective partner for school in handle bullying (Dewi et al., 2023)cases. Use method interactive and participatory learning is also becoming key in implement education citizenship with Pancasila values. Through discussions, games role, study cases, and activities others, students can more active involved in learning and understanding the meanings of Pancasila values deep. Apart from that, the environment Conducive schools are also supportive success implementation education citizenship with Pancasila values. School need create a safe, open, and inclusive atmosphere, where everyone student feel appreciated and supported in the learning process. Through work the same between teachers, parents and parties school, implementation education citizenship with Pancasila values can be give significant contribution in handle cases of bullying at school base. With strengthen internal moral values self students, we can create environment a school that is peaceful, harmonious and respectful diversity (Zai & Marampa, 2023).

## Definition of Bullying

Bullying, or frequent called as bullying, is behavior aggressive action in a way constantly by one individual or group individual to other individuals more weak or prone to . Bullying can taking place in various forms, including verbal, physical, social , and cyber. Example verbal bullying behavior includes ridicule, innuendo, or threat, temporary behavior physique covers punch, kick, or persecution physique. Social bullying covers isolation social , pollution name either, or spread gossip, while cyber bullying involves use technology communication for spread message or derogatory content (Zai & Marampa, 2023).

## Types of Bullying

- 1. Verbal Bullying: This includes insults, taunts, threats, or talks rudely addressed to the victim verbal
- 2. Physical Bullying: This includes action aggressive in a way physique like punch, kick, or resulting abuse injury or pain to the victim
- 3. Social Bullying: This involves purposeful actions for denigrate, exclude, or isolate the victim from environment social
- 4. Cyber Bullying: It happens through use technology communication like cell phone, social media, or internet for spread message or content that is derogatory, threatening, or humiliate the victim.

## Impact Psychological and Emotional for Victims of Bullying

Cases of bullying can occur own serious impact on well- being psychological and emotional victims. A number of general impact happen includes :

- **1.** Anxiety and Depression
  - of bullying often experience persistent anxiety and symptoms depression like a deep sense of sadness , loss interest , and decline price self .
- 2. Social isolation
  - Bullying victims tend to be interesting self from interaction social and feeling isolated Because Afraid or Embarrassed .
- 3. Decreased Academic Performance
  - Possible victim of bullying difficulty concentrate and study at school Because associated stress and anxiety with experience they .
- 4. Physical Health Problems
  - Some victims of bullying also experience this problem health physique like Sick headache stomach , or disturbance Sleep Because ongoing stress .
- 5. Thought About Suicide
  - In extreme cases, victims of bullying can experience thought or behavior kill self as effort for run self from their suffering experience (Zai & Marampa, 2023).

## *Understanding Citizenship Education*

Civic education is an integral part of curriculum purposeful education for forming consciousness and identity citizenship student. Through education citizenship, students taught about rights, obligations, moral values, ethics, and responsibilities answer they as good and active citizen in Society (Suhardiyansyah et al., 2016).

## The Importance of Citizenship Education in Shaping Character Student

Civic education own role important in forming character student because:

- a) Build Awareness Citizenship
  - Through education citizenship, students given deep understanding about rights and obligations they as citizen. They are also taught for value plurality, diversity, and rights basic man.
- b) Push Social Participation
  - Civic education push student for involved in a way active in activity positive social and political, such as activity charity, service community, and discussion about issues relevant social.
- c) Shaping Moral Character
  - Through teaching moral and ethical values, education citizenship help student develop attitudes like empathy, tolerance, cooperation, and justice
- d) Instill Moral Leadership
  - Civic education also has a purpose for give birth to generation leaders with integrity , responsibility answer, and care to interest public .

## Connection between Citizenship Education and Bullying Prevention

There is connection tightly between education citizenship and bullying prevention because:

- a) Values and Ethics Education
  - Civic education help teach moral and ethical values to students, which helps prevent bullying behavior with develop attitude each other respect, empathy and tolerance to difference
- b) Development Empathy and Social Skills
  - Through education citizenship, students taught For understand other people's perspectives and interactions in a way positive in public. This matter help develop Skills social they so that they more capable overcome conflict without use violence or intimidation.
- c) Promotion Culture Well-being
  - Citizenship education also promotes culture well-being at school , where every individual appreciated and treated with fair . With create inclusive and supportive environment , school can reduce risk bullying (Dewi et al., 2023)occurs .

## Understanding Pancasila Values

The values of Pancasila are foundation philosophical and ideological state of Indonesia which consists of of the five principles basic, namely: (1) one and only God (2) Just and civilized humanity (3) the unity of Indonesia (4) Democracy Led by Wisdom in Deliberation / Representation (5) Social Justice for All Indonesian People

## The relevance of Pancasila values in The Context of Citizenship Education

Pancasila values have very high relevance in context education citizenship Because: (1) Load fundamental moral and ethical principles for life nation and state (2) Build awareness strong citizenship among students, with emphasize importance tolerance, mutual cooperation, and justice (3) Push formation character responsible student answer, care to fellow, and ready contribute in realize a just and harmonious society (Suhardiyansyah et al., 2016).

## Implementation of Pancasila values in Handling Bullying Cases in Elementary Schools

Implementation Pancasila values in handle cases of bullying at school base can done through various steps, including: (1) Promote attitude each other respect and appreciate the difference between students, accordingly with mark the unity of Indonesia (2) Push participation student in activity social and cultural aspects that strengthen the sense of unity and togetherness (3) Use approach learning that emphasizes the values of Pancasila within overcome conflict and build harmonious relationship between student (4) Build environment an inclusive and supportive school, where every individual feel safe and respected (5) Engaging student in activity in -depth reflection and discussion about Pancasila values as well its implementation in life daily.

## Parental Influence in Shaping Child Character

Parent own very important role in forming character children they . Parental influence covers various aspect , like values, attitudes, and behavior demonstrated in the foreground child (Durrotunnisa & Nur, 2020). A number of indicative factors parental influence in forming character child includes :

## 1. Example

Children tend copy parental behavior and attitudes they. Therefore that is, when parents show positive attitudes, such as patience, empathy, and cooperation, children will tend follow example the.

## 2. Communication

Open communication between parents and children is very important in forming character child . Frequent parents speak with children about values important like honesty , cooperation and tolerance can help strengthen understanding child will values the .

## 3. Discipline

The old man's way give Discipline also plays a role big in forming character child. Discipline that is consistent, fair, and based on teaching moral values will help children understand importance responsible Responsible and respectful of others.

## Ways parents can Support Learning Pancasila Values at Home

There are some way that can be done by parents For support learning Pancasila values at home, including:

## a. Give Example

Parent can show examples positive about How apply Pancasila values in life everyday, fine in interaction with member family nor with other people in the environment around.

## b. Stage Discussion Family

Parent can stage discussion family about Pancasila values , such as tolerance , justice , and unity , as well how values the can applied in life daily .

- c. Reading and Telling Stories Inspirational
  - Read book or tell stories inspirational that describes application Pancasila values in life real can help children understand values the with more Good .
- d. Involving Children in Social and Charitable Activities
  - Engaging child in activity social and charitable can help they understand the importance of mutual cooperation, solidarity and care to fellow, which is very important values in Pancasila.
- e. Give Strengthening Positive
  - Parent can give strengthening positive to children when they show attitude or appropriate behavior with Pancasila values, so they feel appreciated and motivated For Keep going apply values the .

## **Research Methodology**

Research methods this will use approach studies literature and studies case. First, study literature will used for gather information from various relevant sources about related theories with bullying, education citizenship, Pancasila values, and parental influence in forming character child. Data from literature will analyzed for understand framework conceptual and findings important that has been there is in study previous. Second, method studies case will used for get more understanding deep about implementation education citizenship and Pancasila values in handle cases of bullying at school base. Case study will chosen from a number of school the basis for applying it different approach in treat bullying (Durrotunnisa & Nur, 2020)cases.

## **Result & Discussion**

Research result this show that implementation education citizenship with Pancasila values can be be an effective strategy in handle cases of bullying at school base. With strengthen understanding student will upheld moral and ethical values tall in Pancasila, school can create promoting environment attitude each other respect, empathy, and justice (Fatimah et al., 2014). The role of parents is also very important in support implementation education citizenship in schools and strengthen formation character children. Through support, role modeling, and participation active in activity family, parents can help children understand and internalize Pancasila values with more good. Apart from that, the use of strategies and methods interactive and participatory learning is also key in optimizing learning Pancasila values in schools. With involve student in a way active in the learning process, school can create environment learning that is fun and empowering understanding student will Pancasila (Usmaedi et al., 2021) values.

## **Conclusion**

From the results research conducted about implementation education citizenship through Pancasila values in handle cases of bullying at school basic, yes concluded that education citizenship with Pancasila values have important role in create environment safe, inclusive and respectful schools diversity. A number of findings main

from this study including influence positive education citizenship in formation character student, role crucial parents in support implementation Pancasila values at home, as well effectiveness of learning strategies interactive in strengthen understanding student will Pancasila values steps concrete taken by the school, such as integration Pancasila values in curriculum and bullying prevention programs, together with support active from parents, have help create environment positive and enjoyable learning for student. With thus, implementation education citizenship with Pancasila values are not only role in forming character quality students, but also as effort concrete in handle problem social such as bullying in the environment school.

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