



The Importance of Educational Psychology for Education and its Contribution to Education

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ABSTRACT

This article intends to explain and provide information to readers about the importance of educational psychology for educators and its contribution to education. Educational psychology is a field of psychology that studies the phenomena of psychological dynamics and individual behavior in the educational process (Strickland, 2001). Currently, there are many students who experience problems but can only remain silent without telling other people, as a result they cannot focus on seeking knowledge and have inappropriate behavior. From this statement, teachers must be able to understand how important educational psychology is in the educational environment. Because the role of teachers is apart from guiding and providing knowledge, they must also understand each student's inner self, so that they can understand the problems experienced by their students and teachers must be able to provide solutions and direct them in a better direction. If every teacher could understand the behavior of their students, perhaps this would rarely happen and children would feel better and not feel stressed because they could talk about their problems, especially to a teacher. With problems like this, we tried to conduct research using the library research method so that we could find out how important educational psychology is for an educator and its contribution to education.

Keywords : Educational Psychology, Problems, Roles, Students, Teachers

Introduction

The reality of globalization and modernization is complemented by rapid technological developments. The aim of National education as mandated by the 1945 Constitution is an effort to educate the nation's generations who will later become successors to the struggle of previous generations in fulfilling the independence of the Indonesian nation towards a virtuous and socially prosperous nation. However, achieving educational goals as mandated by the 1945 Constitution above is not an easy thing to achieve. The negative impact of globalization, modernization and rapid technological developments on the development of generations of this nation is certainly no longer a secret. However, achieving educational goals as mandated by the 1945 Constitution is not an easy thing to achieve. The negative impact of globalization, modernization and rapid technological developments on the development of generations of this nation is certainly no longer a secret. The reality of student behavior, as described above, clearly demands the skills of educators in understanding the psychological, cognitive, affective and psychomotor development of students if they want these students not to fail at school and not lose their future. This is where the importance of mastering educational psychology for teaching staff is important. Teachers in carrying out their role as educators for their students, Of course, you are required to understand various aspects of your own behavior and the behavior of people related to your duties.

Research Methodology

The research method that we carried out this time was using the library research method. This method is a research method that is carried out by reading, reviewing and recording various lines or reading materials that are appropriate to the subject of the reading, then filtering it and putting it into a theoretical framework. This method contains a systematic description of the literature review and the results of previous research related to the research to be carried out and attempts to show the current conditions in that field of science.

Results and Discussion

The Importance of Educational Psychology in Schools

The field of education requires knowledge of psychology, because the field of education is faced with behavioral characteristics, personality, attitudes, interests, motivation, attention, perception, thinking abilities, intelligence, fantasy and other psychological aspects that vary from student to student. students. In order for the learning process to be successful, every teacher in the class who acts as an educator and instructor must understand the differences in students' psychological characteristics. By understanding the psychological characteristics of each student, school teachers will be able to carry out personalized learning based on the psychological characteristics of the students. Therefore, the nature of heterogeneity (not the same) in a class needs to be a main concern for teachers. Apart from individual learning, teachers also need to carry out group learning if the psychological characteristics of students in a class are considered relatively the same (homogeneous). In the learning process in class, teachers often encounter students with attention disabilities, so that the student's attention to following the learning process in class becomes weak, and results in low academic achievement for these students. Symptoms of attention disorders are psychological factors experienced by students in the classroom, this must be recognized and understood by teachers as teachers and educators in the classroom to prevent and overcome learning difficulties faced by students in the process of participating in classroom learning. Classroom teachers can make efforts to prevent and overcome attention deficit problems faced by students in the teacher's class should adopt learning methods and strategies that attract attention to learning so that students can feel very comfortable from the beginning to the end of class. By understanding educational psychology, it is hoped that teachers can overcome psychological considerations such as: (1) Set learning objectives appropriately (2) Choose the right learning strategy or method (3) Provide guidance (4) Promote and motivate student learning (5) Create a pleasant learning atmosphere (6) Interact with students appropriately.

Objectives of Studying Educational Psychology

a. Knowing Individual Development

We know that one of the advantages of majoring in psychology is that it is highly respected by many people. The reason is simple, psychology is the science that studies the behavior and attitudes of other people. So you can know the character and nature of people. That's why people who graduate from psychology are often considered great and afraid. People are afraid of being read or seen about their personality. Talking about knowing development, it is very important to know individual development. Mastering development and developmental psychology helps us to solve our own problems that befall us. we know, now many people are trapped in the problem. Where they cannot get out of the problems they face, due to the crisis and not knowing themselves.

b. Has broad insight into the field of psychological science

The purpose of studying educational psychology can of course be seen from an educational perspective. From an educational perspective, this branch of science can be used to transport knowledge to regeneration. People who study psychology also gain more knowledge which can help a lot in solving their own problems or other people's problems.

c. Knowing Changes in Someone's Behavior

The task of being a teacher is to act as a medium for distributing knowledge. Of course, a teacher doesn't just provide information like that. But it is also required to know the character and behavior of students. At least educational psychology teaching staff, apart from teaching theoretically, can also practice this branch of science. One of them is studying changes in student behavior which are influenced by various causes and effects. Some are caused by family factors, friendships and problems that we cannot detect just from "looks" alone. It turns out that it's not just about studying behavioral changes, the aim of studying educational psychology can also be used to study interpersonal differences. An educator must discover many characters from students. Where they have their own uniqueness.

d. Controlling Deviant Behavior

If we already know changes in students' behavior and character, there is actually still another aim of studying educational psychology, namely controlling deviant behavior. Everyone definitely has two different sides. There is a good side and a bad side to people. There is no need to worry about the good side of a person, but the bad side

of a person is what needs to be paid attention to. Bad attitudes and behavior are always controlled to prevent further deviation. Because deviant behavior will have many negative impacts on oneself and on other people. For adults, it is possible to control themselves, but for children, it is their parents and closest environment who have to control them.

e. Can See Reality

Not everyone can open their eyes and be aware of the reality of their lives. Only a few people know that the life and destiny they live is extraordinarily systematic. People who understand the nature of their lives, of course, have their own comfort and satisfaction with the role they play in the world. On the other hand, for people who do not realize and understand the reality of their life, their life will certainly seem like something is lacking and barren of feelings. So the person gets stressed easily, has short-term thinking and many other impacts. The most critical period for someone to see reality is adolescence. Where in adolescence a person will find many new experiences. They have felt the problems they have encountered, have felt the difficulties facing themselves, have been able to think (including short-axis and long-axis thinking).

f. Knowing Mindsets

The aim of studying educational psychology that is no less exciting and important is knowing other people's mindsets. Not everyone can understand thought patterns, that's why psychology students who really study this science are highly respected and feared. The ability to know thought patterns is not obtained by mastery or through celestial knowledge, you know. But by studying. There are several tips and ways to determine a person's thoughts and thought patterns through various studies. Don't think of it as just reading studies on Google, but from lots of psychology books and also reading discussions of psychological theories that you won't finish reading in a month.

g. Formulating Learning

Designs Academically, the aim of studying educational psychology can be applied to make it easier to formulate educational designs. As the name suggests, educational psychology focuses on psychology in the field of education. Not only discussing the character and behavior of students, but also focusing on understanding the characteristics of students. From the results of knowing the character of education, this helps teaching staff to know the character, style and learning model that is right for them. When this learning model is right, the results or goals of the teaching and learning process will be what we want.

h. Guidance and Evaluation

In running the world of education, of course it is not easy. There is always friction that demands continuous evaluation. Moreover, in the world of education, we are faced with many characters and traits of students. Friction in educational institutions is not just an administrative problem, in fact the problem mostly lies in the character and behavior of students. Therefore, every educational institution is required to have guidance to control and provide enlightenment for students who cause trouble at school. That's why the purpose of studying educational psychology actually plays a big role.

From the several objectives of studying educational psychology above, it can be concluded that educational psychology is a branch of science that studies the characteristics of learning, studies teachers in teaching and studies students as learners. The science of educational psychology also focuses on the teaching and learning processes and solutions that occur in the world of education which are caused by many factors. In short, the aim of educational psychology is to help students in general to comply with the learning process, and can be used to determine students' abilities and potential. The aim of studying educational psychology for students is to help them improve their knowledge and skills and help them more easily understand the transformation of knowledge provided by their teachers.

Benefits of Studying Educational Psychology

There are several benefits of studying educational psychology, including the following: (1) Understanding Student Differences Every student has a different personality. And as a teacher, it is necessary to understand the different characteristics of each student as they grow and develop. This understanding can produce interaction between teachers and students in realizing effective learning (2) Creating Conducive Learning Knowledge about how to interact and approach students in educational psychology can create conducive learning and an effective learning process (3) Choosing the Right Learning Strategy Studying psychology in recognizing student characteristics will provide the ability to choose the right learning strategy. That way, educational staff know which learning methods students prefer, and after implementing appropriate learning strategies, they will provide an effective learning situation (4) Providing Guidance to Students. Psychology gives teachers the ability to use a heart-to-heart emotional approach to gain the trust of students. When students trust their teacher, the problem solving process can be done easily (5) Motivating Learning Educational psychology provisions are so that teachers are able to provide encouragement and motivation to students so that students have a high enthusiasm for learning. Educational psychology teaches about each student's characteristics, and influences students' enthusiasm for learning so that they

are enthusiastic about carrying out learning activities. Educational psychology provides impacts and benefits in educational aspects. This educational psychology helps teachers understand the emotional characteristics of students to provide an appropriate teaching and learning process, resulting in an effective and efficient learning process.

Benefits of Educational Psychology for Educators/Teachers

Psychology and education are two sciences that have an undeniable relationship. Both fill empty spaces in learning related to interactions between teaching staff and students. As an illustration, curriculum preparation, development of teaching methods, assessment systems, and guidance counseling services are programs that are based on psychology. The massive interactions that occur in the classroom require two-way closeness between teaching staff and students. This closeness is realized by having a thorough understanding of each other regarding psychology, emotions, interests and cultural approaches. Comprehensive understanding of this comprehensive understanding is an important meaning of educational psychology because it can realize the pedagogical competence of teaching staff. Based on this understanding, understanding educational psychology is a major urgency for all of you. Below we describe the five benefits and importance of educational psychology for you.

- a. Make it easier to choose the best learning method
By understanding students' psychology well, you can choose the most efficient approach so that teaching material is delivered thoroughly. The psychological aspect of education is very important because it relates to your ability to control the classroom atmosphere in accordance with the learning design.
- b. Creating a Conducive, Orderly and Harmonious Learning Climate
A conducive, planned and harmonious class is an implementation of your understanding of educational psychology. Start with a cultural and social approach, learn sensitive values and norms that should be avoided during learning. Apart from that, position your father/mother as their parents as they would be at home. Make plans that can make the class conducive. This approach can make students comfortable and happy in every meeting.
- c. Making it easier to assess learning outcomes
Educational benchmarks focus on the results of student exams and quizzes.

However, there is one aspect that is often overlooked, namely the psychological aspect of education. In fact, this aspect can provide fairer assessment indicators related to assessment techniques, assessment principles and accurate assessment techniques. Accurate selection of indicators not only makes it easier for you to provide an assessment but also helps you understand your students as a whole.

1. Providing Motivation to Students
Mr/Mrs is the main facilitator for students. By knowing the interests, talents, intelligence and potential of students, you can easily provide direction regarding sustainability plans for them. Interpersonal communication will provide warmth, familiarity and harmony in the class.
2. Creating an Interactive, Creative and Innovative Classroom Atmosphere. Educators' understanding of student psychology can form a wiser and wiser personality. You can be a person who is empathetic, pleasant and respected by students. Therefore, educational psychology is very beneficial for all academics. Knowing educational psychology does not only make you good as an educator, but is much more fundamental, namely for you yourself.

Conclusion

Schools require knowledge of psychology, because the areas of attention, perception, thinking ability, intelligence, fantasy, and psychological aspects of education are faced with the varying characteristics of behavior, personality, attitudes, interests, motivation, etc. of students. In order for the learning process to be successful, every teacher in the class who acts as an educator and teacher must understand the differences that students with attention disabilities face so that the student's attention to follow the educational process results in students' low academic achievement being weakened. There are several benefits in studying Educational Psychology, including; 1. Understanding student differences, 2. Creating conducive learning, 3. Choosing the right learning strategy, 4. Providing guidance to students, 5. Motivating learning. Educational psychologists have different personalities and understand the different characteristics of each student as they grow and develop. Psychology and education are two sciences that have an undeniable relationship. The massive interactions that occur in the classroom require two-way closeness between teaching staff and students, a thorough understanding of each other regarding psychology, emotions, interests and cultural approaches. You can choose the most efficient approach so that teaching material is delivered efficiently.

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